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TO NAVADMIN

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NAVADMIN 149/96

MSGID/GENADMIN/PERS-6//

SUBJ/"THE RIGHT SPIRIT" ALCOHOL-ABUSE PREVENTION AND

/DEGLAMORIZATION CAMPAIGN--UPDATE #1//

REF/A/RMG/CNO/271900ZMAR96//

AMPN/REF A IS NAVOP 008/96//

RMKS/1. REF A ANNOUNCED "THE RIGHT SPIRIT" ALCOHOL-ABUSE PREVENTION AND DEGLAMORIZATION CAMPAIGN. THE PRIMARY OBJECTIVES OF THE CAMPAIGN ARE TO SIGNIFICANTLY REDUCE ALCOHOL ABUSE AND ITS RESULTANT NEGATIVE EFFECT ON FLEET READINESS, TO EDUCATE THOSE SAILORS WHO CHOOSE TO DRINK ABOUT RESPONSIBLE ALCOHOL USE, AND TO ELIMINATE ALCOHOL INCIDENTS IN THE NAVY. THIS NAVADMIN PROVIDES INFORMATION ABOUT TWO NEW NAVY EDUCATION COURSES AND OUR LONG-STANDING "PREVENT" COURSE, ALL OF WHICH AIM TO REDUCE ALCOHOL ABUSE AND DEGLAMORIZE ITS USE.

2. ALCOHOL-AWARE ("AWARE") IS A FOUR-HOUR COURSE DESIGNED FOR COMMAND-LEVEL TRAINING, USUALLY GIVEN BY THE DAPA. TRAINER QUALIFICATIONS FOR FACILITATING THE "AWARE" COURSE ARE LISTED IN THE "AWARE" TRAINER MANUAL. "AWARE" REVIEWS THE RISKS OF ALCOHOL ABUSE AND REQUIRES COURSE PARTICIPANTS TO COMPLETE AN ANONYMOUS SELF-ASSESSMENT OF THEIR OWN DRINKING PATTERNS TO IDENTIFY WARNING SIGNS FOR POTENTIAL PROBLEMS. THE GOAL OF THE COURSE IS TO MAKE THE PARTICIPANT AWARE OF THE BASIC NATURE OF ALCOHOL, THE RISKS INVOLVED IN USING AND ABUSING ALCOHOL, AND THE NAVY'S EXPECTATIONS CONCERNING THE RESPONSIBLE USE OF ALCOHOL. ALTHOUGH "AWARE," REQUIRED ONCE IN EACH SAILOR'S CAREER, SHOULD BE COMPLETED WITHIN THE FIRST TWO YEARS OF ENLISTMENT OR COMMISSIONING. IT MAY BE PRESENTED AS OFTEN AS NECESSARY. NAVY COMMANDS IMPLEMENTING "AWARE" AS PART OF THEIR OVERALL ALCOHOL-ABUSE PREVENTION PROGRAM HAVE PROVEN IT TO BE EFFECTIVE IN REDUCING THE RATE OF ALCOHOL INCIDENTS. "AWARE" SENDS A STRONG COMMAND MESSAGE WHICH IS MOST BENEFICIAL WHEN COUPLED WITH STRONG LEADERSHIP, DEGLAMORIZATION, IMMEDIATE INTERVENTION, AND CONSEQUENCES FOR ALL ALCOHOL-RELATED INCIDENTS.

3. ALL COMMANDS SHOULD NOW HAVE THE ALCOHOL "AWARE" TRAINER GUIDE ON HAND. ADDITIONAL COPIES CAN BE OBTAINED BY:

A. CONTACTING NAVALREHCENS NORFOLK AND JACKSONVILLE; BUPERS DET DAPMA; BUPERS (PERS-602); OR A LOCAL CAAC.

B. DOWNLOADING FROM THE BUPERS HOMEPAGE OF THE WORLD WIDE WEB. THE URL IS WWW.NAVY.MIL/HOMEPAGES/BUPERS. THE COURSE IS AVAILABLE UNDER THE RIGHT SPIRIT HYPERTEXT LINK.

C. E-MAILING VIA THE INTERNET AT P602G@BUPERS.NAVY.MIL. ALL REQUESTS NORMALLY WILL RECEIVE A RESPONSE BEFORE COB THE DAY OF RECEIPT.

D. DOWNLOADING VIA MODEM FROM THE BUPERS ACCESS AND THE NAVY DRUG AND ALCOHOL BULLETIN BOARDS. COMMANDS MAY CONNECT TO BUPERS ACCESS AT 1-800-346-0217, (703) 614-3174, OR DSN 224-3174. COMMAND REPS WHO ALREADY HAVE ACCOUNTS MAY CONNECT VIA COMMAND REP NUMBERS FOR FASTER CONNECTIONS. "AWARE" IS LOCATED UNDER THE NON-DETAILER CONFERENCE IN "THE RIGHT SPIRIT" FORUM. THE NAVY DRUG AND ALCOHOL BULLETIN BOARD SYSTEM MAY BE ACCESSED AT (703) 693-3831. "AWARE" IS

AVAILABLE FOR DOWNLOAD IN THE GENERAL AREA, AS WELL AS IN THE BUPERS AND ADCO CONFERENCES. TO ACCESS THE BULLETIN BOARDS, USERS MUST HAVE A HAYES-COMPATIBLE MODEM INSTALLED IN THEIR COMPUTER, AND COMMUNICATION SOFTWARE (PROCOMM, TELIX, QMODEM OR OTHER SOFTWARE SUPPORTING XMODEM FILE TRANSFER PROTOCOLS). COMM PARAMETERS ARE 1200/38,400 BAUD, 8 DATA BITS, NO PARITY, 1 STOP BIT, AND FULL DUPLEX. FOR ASSISTANCE OR MORE INFORMATION, CONTACT LCDR J. T. CURRY, PERS-602G, DSN 224-8008 OR (703) 614-8008.

4. THE ALCOHOL-IMPACT ("IMPACT") COURSE IS DESIGNED FOR FIRST-TIME ALCOHOL INCIDENT OFFENDERS WHO, BECAUSE OF ILLEGAL OR IMMATURE CONDUCT, DEMONSTRATE THE NEED FOR MORE INTENSIVE EDUCATION THAN AWARENESS ("AWARE") TRAINING, BUT ARE NOT IN NEED OF TREATMENT AS DETERMINED BY A COUNSELING AND ASSISTANCE CENTER (CAAC) SCREENING. "IMPACT" IS A 20-HOUR INTENSIVE EDUCATION PROGRAM FACILITATED BY CAAC COUNSELORS OR COUNSELOR INTERNS, AND REQUIRES INTENSIVE SELF-ASSESSMENT AND IDENTIFICATION OF NEEDED BEHAVIOR MODIFICATION BY PARTICIPANTS. "IMPACT" MAY BE OFFERED OVER A TWO-WEEK PERIOD IN EVENING CLASSES OR DURING DUTY HOURS IN A CONSECUTIVE THREE-DAY FORMAT.

5. ALCOHOL-IMPACT AND ALCOHOL-AWARE HAVE NOT REPLACED THE PERSONAL RESPONSIBILITY VALUES EDUCATION AND TRAINING ("PREVENT") COURSE. "PREVENT" STILL SERVES AS THE NAVY'S FUNDAMENTAL SUBSTANCE ABUSE EDUCATION COURSE FOR ALL SAILORS E1-5. THE "PREVENT" COURSE FOCUSES ON SUBSTANCE ABUSE AS IT RELATES TO CORE VALUES, PERSONAL RESPONSIBILITY, FAMILY VALUES, SEXUAL BEHAVIOR, HEALTH AND FITNESS, FINANCES, STRESS, SEXUALLY TRANSMITTED DISEASES, ETC. TO MEET FLEET DEMAND, THE NUMBER OF "PREVENT" CLASSES HAS BEEN INCREASED FOR THE REMAINDER OF THE FY AT THE FOLLOWING CAACS: ALAMEDA, BREMERTON, CORPUS CHRISTI, GREAT LAKES, JACKSONVILLE, MEMPHIS, MERIDIAN, NAPLES, NORFOLK, ORLANDO, PEARL HARBOR, PENSACOLA, ROTA, SAN DIEGO, SIGONELLA, AND YOKOSUKA. COMMANDS SHOULD CONTACT THE NEAREST CAAC FOR A QUOTA FOR ANY E1-5 WHO HAS NOT ATTENDED "PREVENT."

6. ON 1 JUL 96, PROGRAM RESPONSIBILITY FOR "IMPACT" TRANSFERS FROM BUPERS TO BUMED, AT WHICH TIME THE COURSE WILL FORMALLY BECOME PART OF EDUCATIONAL INTERVENTION IN BUMED'S CONTINUUM OF CARE. THE COURSE WILL BE IMPLEMENTED AT ALL ALCOHOL TREATMENT FACILITIES BY 1 OCT 96.

7. MORE INFORMATION ON "AWARE" AND "IMPACT," AS WELL AS ASSISTANCE IN MEETING TRAINER QUALIFICATIONS, MAY BE OBTAINED AT THE FOLLOWING LOCATIONS:

A. NAVALREHCEN MIRAMAR OUTREACH AND PREVENTION DEPARTMENT
NAVAL AIR STATION, MIRAMAR
SAN DIEGO CA 92145-5299
COMMERCIAL: (619) 537-6053
DSN: 577-6053

B. NAVALREHCEN NORFOLK OUTREACH AND PREVENTION DEPARTMENT
1650 GILBERT STREET, SUITE 100
NORFOLK VA 23511-2980
COMMERCIAL: (804) 444-8190/8193
DSN: 564-8190/8193

C. NAVALREHCEN JACKSONVILLE OUTREACH AND PREVENTION DEPARTMENT
NAVAL AIR STATION BOX 46
JACKSONVILLE FL 32212-0046
COMMERCIAL: (904) 772-4889
DSN: 942-4889

D. DRUG AND ALCOHOL PROGRAM MANAGEMENT ACTIVITY (DAPMA)
BUILDING 11, NAVAL TRAINING CENTER

32110 PERRY ROAD, SUITE 110
SAN DIEGO CA 92133-1521
COMM: (619) 524-8104
DSN: 524-8104

8. SKIPPERS AND MASTER CHIEFS: LET'S STOP LOOKING THE OTHER WAY.
THIS NAVADMIN PROVIDES TOOLS TO PREVENT PROBLEMS RELATED TO ALCOHOL
ABUSE. MANY OF YOU ARE ALREADY ONBOARD AND ARE INNOVATIVELY
ADDRESSING THIS PROBLEM. ALCOHOL REMAINS THE UNDERLYING CAUSE OF THE
VAST, VAST MAJORITY OF OUR DISCIPLINE AND MORAL PROBLEMS. TOGETHER
WE MUST GET OUR NAVY INTO THE PREVENT MODE AND STOP BEING SATISFIED
WITH PUNITIVE ACTION AFTER THE FACT.

9. RELEASED BY VADM SKIP BOWMAN, N1.//

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